



THE DIRTY 30

30 jobs. 30 mins. 30 days

One month to a cleaner home

Whole House

- Vacuum and mop hard floors.
- Clean all the windows and wipe all windowsills.
- Vacuum and clean all rugs and carpets.
- Dust ornaments, fixtures and frames.
- Vacuum curtains, blinds and lampshades.
- Wipe down skirting boards.
- Wipe down cabinet doors and worktops.
- Clean the tops of cupboards, wardrobes and shelves.
- Clean mirrors.
- Dust any cobwebs and all coverings.
- Wipe down any TVs and dust speakers.
- Empty and bleach bins.

Living Room

- Vacuum the sofas (including behind and under them).
- Wash cushions and sofa covers.

Bathroom

- Wipe down bathroom surfaces.
- Descale showerheads and taps.

Kitchen

- Clear out, clean and organise the fridge.
- Defrost the freezer.
- Clear out, clean and organise cupboards.
- Clean the oven and hob.
- Clean the microwave.
- Wipe down any tables and chairs.
- Clean crockery pots, pans and glassware that are rarely used to refresh them.
- Put your appliances on a maintenance wash to keep them in good working order.

Bedroom

- Vacuum mattresses.
- Wash duvets.

Other

- Wipe down the staircase.
- Pressure wash external surfaces.
- Clean children's toys.
- Clean your cleaning products.

#30jobs30days


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