

30 jobs. 30 mins. 30 days

One month to a cleaner home

Whole Ho	ouse	Kitc	hen
Vacuur	m and mop hard floors.		Clear out, clean and organise the fridge.
☐ Clean	all the windows and wipe all		Defrost the freezer.
windo	wsills.		Clear out, clean and organise
Vacuur	m and clean all rugs and carpets.		cupboards.
☐ Dust c	ornaments, fixtures and frames.		Clean the oven and hob.
Vacuur	m curtains, blinds and		Clean the microwave.
lampsl	hades.		Wipe down any tables and chairs.
☐ Wipe	down skirting boards.		Clean crockery pots, pans and
■ Wipe	down cabinet doors and worktops.		glassware that are rarely used to refresh
☐ Clean	the tops of cupboards, wardrobes		them.
and st	nelves.		Put your appliances on a maintenance
	mirrors.		wash to keep them in good working
Clean			
	any cobwebs and all covings.		order.
☐ Dust c	any cobwebs and all covings. down any TVs and dust speakers.		order.
Dust o	,	Be	order. droom
Dust o	down any TVs and dust speakers.	Be	
Dust of Wipe	down any TVs and dust speakers. and bleach bins.	Bed	droom
Dust of Wipe of Empty	down any TVs and dust speakers. and bleach bins.	Beo	d <mark>room</mark> Vacuum mattresses.
Dust of Wipe of Empty Living Roce Vacuum	down any TVs and dust speakers. and bleach bins.		d <mark>room</mark> Vacuum mattresses.
Dust of Wipe of Empty Living Roce Vacuum and un	down any TVs and dust speakers. and bleach bins. om m the sofas (including behind ander them).		d <mark>room</mark> Vacuum mattresses. Wash duvets.
Dust of Wipe of Empty Living Roce Vacuum and un	down any TVs and dust speakers. and bleach bins. om m the sofas (including behind		droom Vacuum mattresses. Wash duvets.
Dust of Wipe of Empty Living Roce Vacuum and un Wash	down any TVs and dust speakers. and bleach bins. om m the sofas (including behind nder them). cushions and sofa covers.		droom Vacuum mattresses. Wash duvets. her Wipe down the staircase.
Dust of Wipe of Empty Living Roc of Vacuum and und und wash	down any TVs and dust speakers. and bleach bins. om m the sofas (including behind nder them). cushions and sofa covers.		droom Vacuum mattresses. Wash duvets. her Wipe down the staircase. Pressure wash external surfaces.
☐ Dust c	,		
Dust of Wipe of Empty	down any TVs and dust speakers. and bleach bins.	Be	d <mark>room</mark> Vacuum mattresses.
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#30jobs30days

